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| **Year Group** | **Autumn 1****(HHH assessment)** | **Autumn 2** | **Spring 1****(HHH assessment)** | **Spring 2** | **Summer 1** | **Summer 2****(HHH assessment)** |
| **1** | Multi skillsDance | DanceGymnastics  | Multi-skills Gymnastics | Dance Multi-skills | AthleticsMulti skills | AthleticsGymnastics |
| **2** | GymnasticsDance | DanceMulti-skills | Multi-skillsGymnastics | Multi-skillsDance | GymnasticsAthletics | AthleticsMulti-skills |
| **3** | DanceOutdoor & Adventurous | Games- striking and fieldingGymnastics | DanceGames- Invasion | GymnasticsGames- net/wall | DanceGymnastics | Games- net/wallAthletics |
| **4** | Games - InvasionOutdoor & Adventurous | DanceGymnastics | DanceGames- net/wall | GymnasticsGames- net/wall | SwimmingAthletics | AthleticsSwimming |
| **5** | Outdoor & AdventurousDance  | GymnasticsGames- net/wall | Games- Invasion Gymnastics | Games- Invasion Dance | AthleticsGymnastics | Games- striking and fieldingAthletics |
| **6** | Outdoor & AdventurousDance | Games- Invasion Gymnastics | Games- net/wall Gymnastics | Games- Invasion  | Games- striking & fielding Dance | DanceAthleticsSwimming |