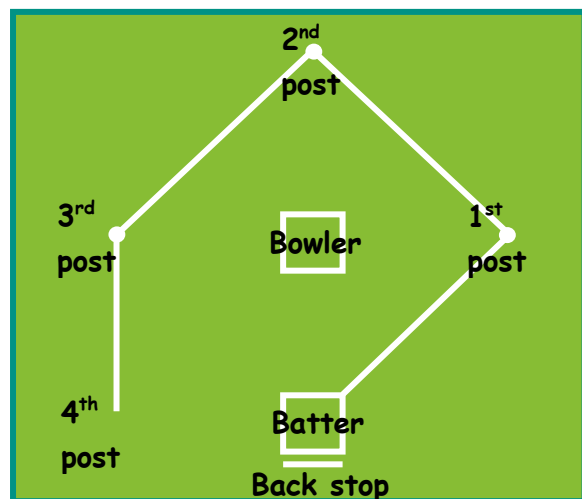




# ROUNDERS



Rounders Pitch

## Striking & hitting a ball

- Hit a bowled ball over longer distances.
- Use good hand-eye coordination to be able to direct a ball when striking or hitting.

## Catching & throwing

- Throw and catch accurately and successfully under pressure in a game.
- Choose and make the best pass in a game situation and link a range of skills together with fluency, e.g. passing and receiving the ball on the move.

## Using space

- Demonstrate a good awareness of space.

## Attacking & defending

- Think ahead and create a plan of attack or defence.
- Apply knowledge of skills for attacking and defending.
- Work as a team to develop fielding strategies to prevent the opposition from scoring.

## Tactics & rules

- Follow and create complicated rules to play a game successfully.
- Communicate plans to others during a game.
- Lead others during a game.

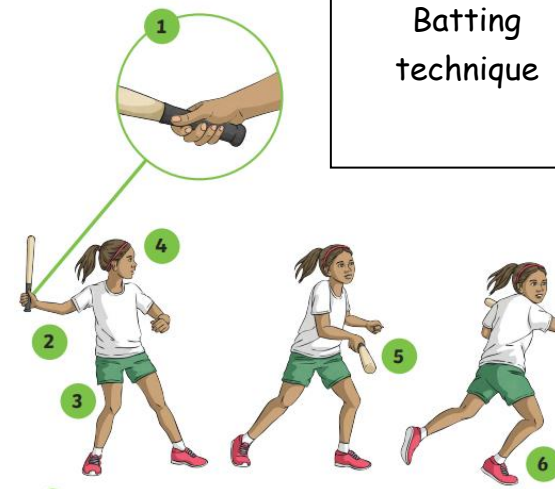
## Compete

- Perform and apply a variety of skills and techniques confidently, consistently and with precision.
- Take part in competitive games with a strong understanding of tactics and composition.

## Evaluate

- Thoroughly evaluate their own and others' work, suggesting thoughtful and appropriate improvements.

## Batting technique

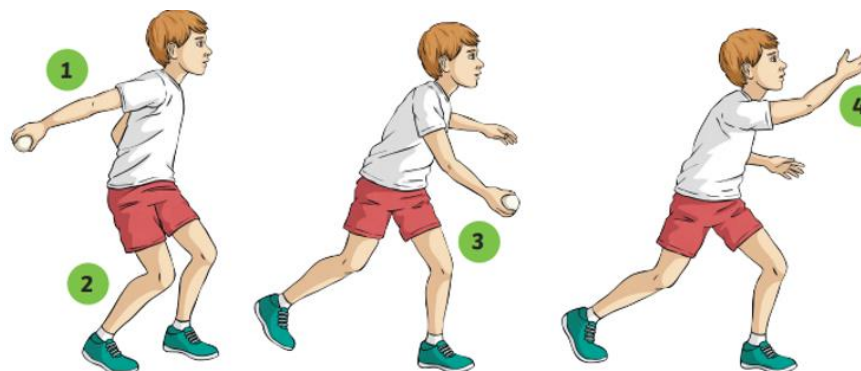


Here is the equipment that you will need to play rounders.

Four rounders posts

Rounders Bats

A Rounders Ball



## Bowling technique