

## Year 3 Multi-skills Key Knowledge Organiser



### Striking & hitting a ball

- ✓ Demonstrate successful hitting and striking skills.
- ✓ Develop a range of skills in striking (and fielding where appropriate).
- ✓ Practise the correct batting technique and use it in a game.
- ✓ Strike the ball for distance.

### Catching & throwing

- ✓ Throw and catch with greater control and accuracy.
- ✓ Practise the correct technique for catching a ball and use it in a game.
- ✓ Perform a range of catching and gathering skills with control.
- ✓ Catch with increasing control and accuracy.
- ✓ Throw a ball in different ways (e.g. high, low, fast or slow). Develop a safe and effective overarm bowl.

### Travelling with a ball

- ✓ Move with the ball in a variety of ways with some control. Use two different ways of moving with a ball in a game.

### Passing a ball

- ✓ Pass the ball in two different ways in a game situation with some success.

### Possession

- ✓ Know how to keep and win back possession of the ball in a team game.

### Using space

- ✓ Find a useful space and get into it to support teammates.

### Attacking and defending

- ✓ Use simple attacking and defending skills in a game.
- ✓ Use fielding skills to stop a ball from travelling past them.

### Tactics

- ✓ Understand and begin to apply the basic principles of invasion games.
- ✓ Know how to play a striking and fielding game fairly.

### Compete

- ✓ Develop the quality of the actions in their performances.
- ✓ Perform learnt skills and techniques with control and confidence.
- ✓ Compete against self and others in a controlled manner.

### Evaluate

- ✓ Watch, describe and evaluate the effectiveness of a performance.
- ✓ Describe how their performance has improved over time.

## MULTISKILLS

*Our key learning,  
skills &  
vocabulary*



### Rules

- ✓ No jewellery can be worn
- ✓ Wear PE kit
- ✓ Hair must be tied back
- ✓ Apply and follow rules fairly.



### Links to our topics in class

- Mutual respect - Democracy, giving everyone a fair turn.
- Rule of Law - sharing and following the rules of the game
- Science - Animals including Humans the skeleton. - What muscles are used to throw, catch, run, jump?