

Is your child ready for school?

NHS

Walsall Healthcare
NHS Trust



Going to the toilet and self-care

- I can use the toilet by myself and wipe myself properly
- I can wash and dry my hands
- I can wipe my nose
- I can change into my PE Kit
- I can put my coat on
- I am learning to open and close buttons and zips

Independence

- I am ok being away from my grown-ups
- I can tidy my things away
- I feel happy to start school

Playing

- I like playing games with others
- I can share
- I can take turns

Reading and Writing

- I like my grown-ups to read me stories and I like to look at the pictures
- I can recognise my name
- I can hold a pencil
- I am learning to write my name
- I like colouring and drawing



Speaking and Listening

- I can talk about how I feel and what I need
- I can share my ideas
- I can ask for help
- I know what rules are
- I can sit still for a little while to listen to a story
- I can follow instructions

Numbers and counting

- I can count a small amount of things
- I like singing number songs
- I am learning counting to 10
 - I can recognise some numbers



Eating and Drinking

- I can drink from an open cup and water bottle
- I can use a knife, fork and spoon
- I can open my lunch box
- I can open wrappers and packets



If you require advice and support from the Health Visiting Service, School Nurse Service or any of our teams, please contact our **Single Point of Access** on **01922 603074** or **send a text explaining your concerns** with your **child's name, date of birth** and **NHS number** to **07520 634909**.