

The Exercise Tuck Shop!

Each treat now comes with a price. In order to purchase one of these yummy goodies, you must pay with exercise!

Have a look at the price list for the goodies.



55p



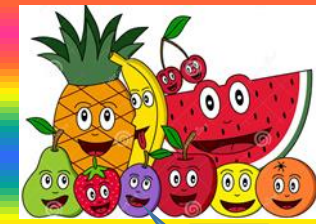
£1.05



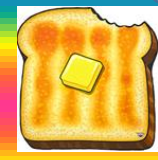
80p



85p



13p



46p



32p

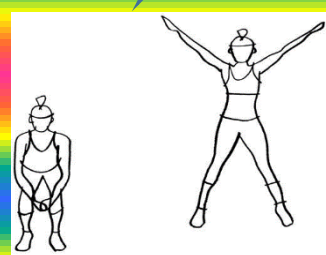
**WATER
FREE**



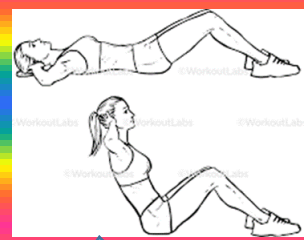
Work for your treats!

If you want something nice, you've got to pay the price!

How many different exercises can you do to pay for your snack?

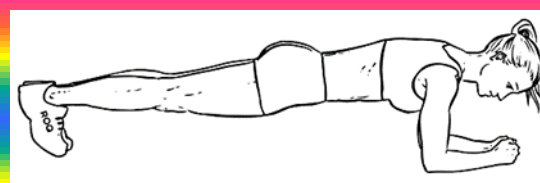
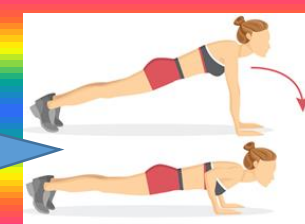


Star jumps
3 = 5p



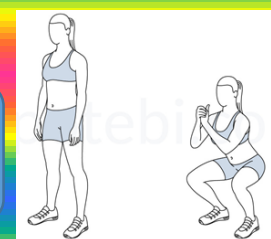
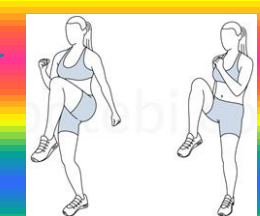
Sit ups
5 = 10p

Push ups
1 = 3p



Plank
1 second = 1p

High knees
10 = 20p



Squat
4 = 25p